# **AI continuity prompt**

Compress all the conversation between us in this particular discussion thread (including the initial prompt) in a way that is largely lossless and retains key information and statistics. This can be entirely for yourself to recover and proceed from with the same conceptual priming. The end result should be able to be fed into an LLM like yourself and we would be able to continue this long conversation with just one prompt as if there were no discontinuity. Make a summarized .md code that I can reuse.